

Sample Menu

Breakfast

Fruit juices, assorted cereals, porridge, white or brown toast & preserve, breads, full English breakfast, scrambled, fried or poached eggs. Pot of tea or coffee.
Breakfast is served in the dining room, or if the resident prefers we serve breakfast in their rooms.

11am

Milky coffee or tea and fruit, yoghurt or biscuits

Lunch

Roast beef with Yorkshire pudding, creamed potatoes, carrots, broccoli, roast parsnips and gravy
Fish and chips with mushy peas
Apple and blackcurrant crumble and custard
Lemon meringue pie and cream

Supper

Quiche and salad with new potatoes bread and butter
Homemade soup and rustic bread
Cheese on toast
Chocolate profiteroles and cream
Fresh fruit
Cheese and biscuits

Evening snacks

Assorted sandwiches, milky drinks, or biscuits

Tea or coffee or cold drinks and biscuits are available to residents and visitors on request